



# Regional Training Workshop on Nutrition Sensitive Agriculture and Food Systems for Healthy Diets

#### Regional Initiative- Zero Hunger Challenge

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#### **Outline**

- 1. About ZHC/SDG2
- 2. Contexts: Status, Issues and Approaches
- 3. About RI-ZHC: Rationales, Objectives and Programmatic Focus Area
- 4. Activity example under RI-ZHC: Future Smart Food

### I. About ZHC/SDG2



24/08/2017

#### **About ZHC/SDG2**

End hunger, achieve food security and improved nutrition, and promote sustainable agriculture" by 2030





ZHC Pillars	SDGs
1. 100% access to adequate food all year around	SDG 2.1 End Hunger
2. Zero stunted children less than 2 years	SDG 2.2 End all forms of malnutrition
3. All food systems are sustainable	SDG 2.4 Ensure sustainable food systems SDG 2.5 Maintain genetic diversity
4. 100% increase in smallholder productivity and income	SDG 2.3 Double agricultural productivity and incomes of small-scale food producers
5. Zero loss or waste of food	SDG 12.3 Halve per capita global food waste at the retail and consumer levels and reduce food losses along production and supply chains, including post-harvest losses

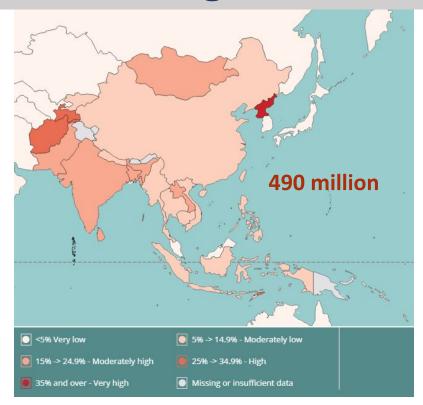
### II. Contexts: Status, Issues and Approaches

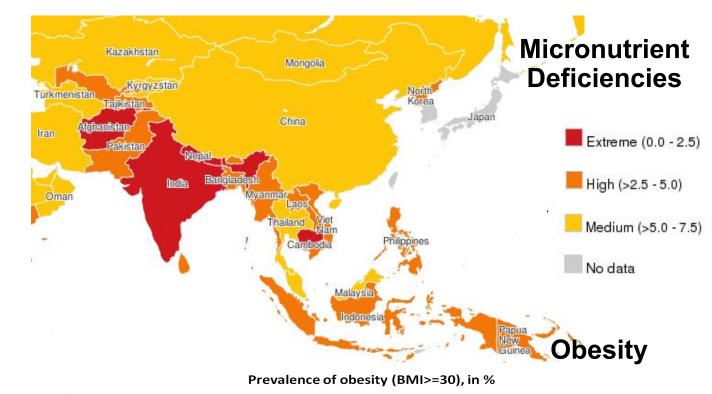


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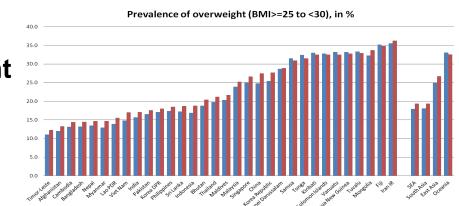
### Hunger and malnutrition in Asia Pacific







#### Overweight



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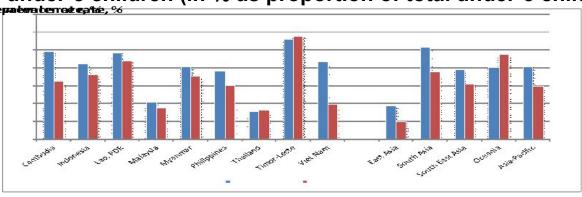
Sources: WHO (2015), Maplecroft (2012)

■2010 ■2014

### Prevalence of stunting, wasting and underweight in the region

Among under-5 children (in % as proportion of total under-5 children)

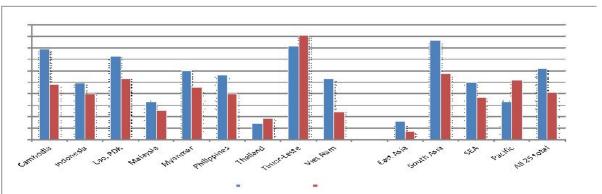
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			Reduction.
	Around 2000	Recent year	rate % p.a.
Cambod ia	49	32	3.0
Indonesia	42	36	1.2
Lao, PDR	46	44	0.9
Malaysia	21	17	2.7
Myanmar	41	35	1.7
Philippines	36	30	1.6
Thailand	16	16	-0.6
Timor Leste	56	58	-0.5
Viet Nam	43	19	6.4
East As ia	19	10	
South Asia	52	38	
South East A	<b>35</b>	31	
Oceania	40	48	
As ia- Pac if ic	41	30	



Wasting pre	valence amon	g under-5 child	lnen,%
			Reduction.
	Around 2000	Recent year	rate % p.a.
Cambod ia	16.9	9.6	4.1
Indonesia	5.5	13.5	-6.7
Lao, PDR	17.5	5.4	9.6
Malaysia	15.3		
Myanmar	10.7	7.9	3.4
Philippines	8.0	7.9	0.1
Thailand	4.7	6.7	-5.7
Timor Leste	13.7	18.9	-4.5
Viet Nam	6.1	4.6	2.2
East Asia	2.7	2.3	
South Asia	16.0	13.9	
South East A	7.5	9.9	
Oceania	4.5	13.3	
As ia- Pac if ic	11.0	10.2	

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Unde rwe ig i	nt prevalence a	mong under 5	children,%
			Reduction.
	Around 2000	Recent year	rate % p.a.
Cambod ia	<b>39</b> .5	23.9	3.7
Indonesia	24.8	19.9	1.7
Lao, PDR	36.4	26.5	2.9
Malays ia	16.7	12.9	3.8
Myanmar	<b>3</b> 0.1	22.6	3.2
Philippines	28.3	19.9	2.4
Thailand	7.0	9.2	- 4 .5
Timor Leste	40.6	45.3	- 1.6
Viet Nam	26.7	12.1	6.3
East As ia	7.8	3.6	
South Asia	43.5	28.8	
SEA	25.1	18.3	
Pac if ic	16.8	26.2	
All 25 total	31.0	20.6	



### Input-intensive crop production

# High input-intensity Crop production

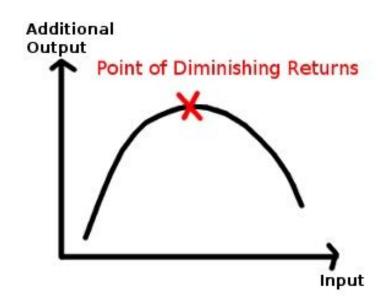








**Green Revolution** 



- Negative impact on the environment: pollution, deforestation, degradation, desertification, soil erosion and salinsation, antibiotic resistance etc
- Monoculture depletes the land of its nutrients.
- Farm yields are approaching their economic upper limits in highly productive areas.
- In major irrigated wheat, rice, and maize systems, yields appear to be near 80% of the yield potential.

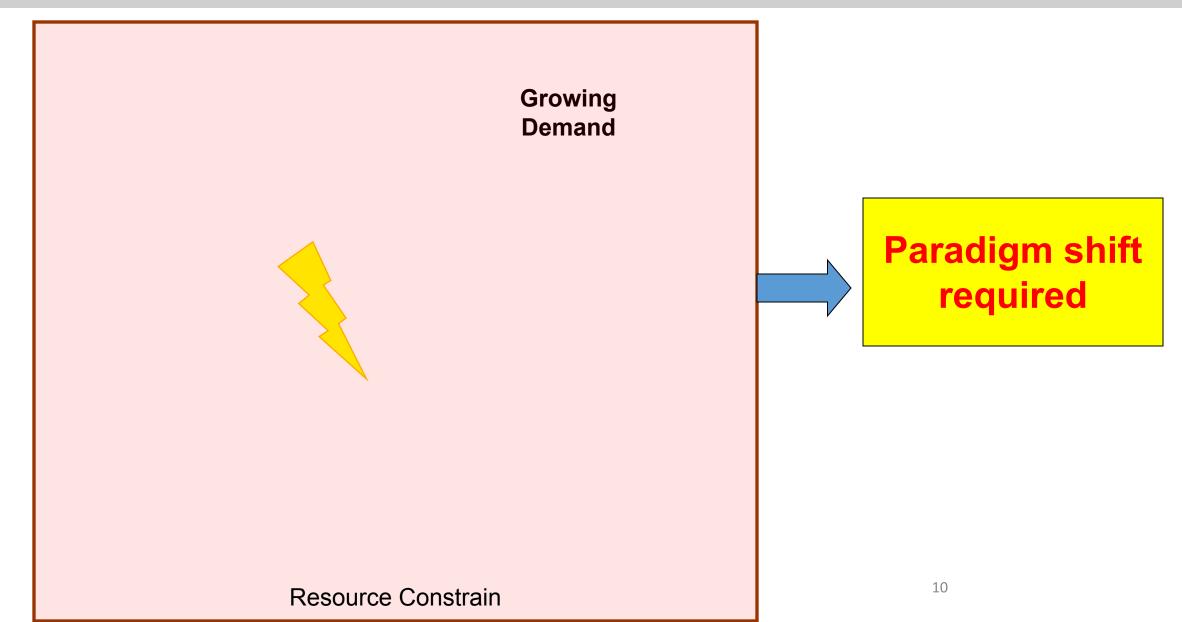
### Negative impact of inputs-intensive crop production

#### Many systems of food production are unsustainable:

- Overuse of chemicals and technology inherent in the high use of fossil fuel-derived energy for synthesis of nitrogen fertilisers and pesticides
- Environmental pollution and human health issues
- Excess use of fertilisers with their run-off of nitrogen and phosphates damages water resources
- Substantial quantities of greenhouse gases and other pollutants contributing to climate change
- Soil degradation of intensive farming eroding the overall base of agriculture

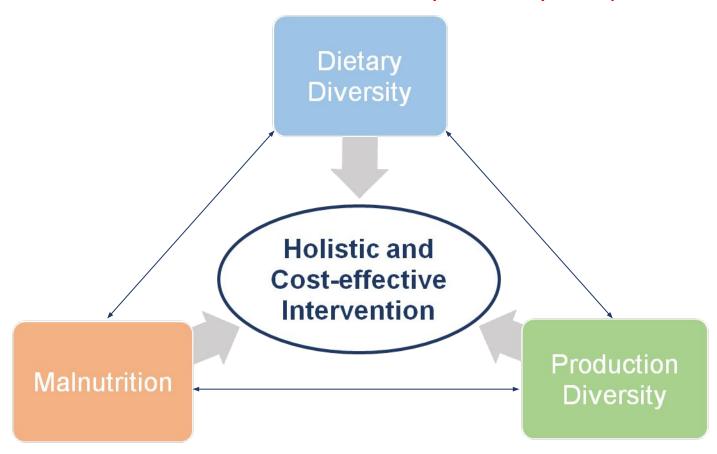
   history of earth abuse and soil erosion.
- Cropped areas increasingly advancing into marginal lands prone to erosion.
- Poorly designed and implemented irrigation systems that cause water-logging, salinisation and alkalisation of soils.
- Depleted commercial fisheries, endangered bird species and extinct insects that preyed on pests; and an increase in insect-resistant pest species.

### Gaps in the current agrifood systems



### **Food system**

Gaps: Disconnect between malnutrition, dietary diversity and production diversity



A leading cause of persistent malnutrition is poor dietary diversity (poor quality and variety of food in the diet).

### Low dietary diversity

Food supply in g per capita per day for a standard person of 70 kg body weight (2,000 kcal)

Commodities	Cambodia 2011	Lao PDR 2011	Myanmar 2013	Nepal 2013	Recommended daily intake [gj	1
Cereals	475	489	397	529	300-500	overreliance on very few
Roots and tubers	88	122	59	234		cereals (mainly rice)
Pulses and legumes	14	8	38	35	50-150	
Animal source foods (meat, fish, eggs)	146	110	278	49		
Dairy	7	8	86	143	250-350	
Fats and oils	27	19	59	34	15-30	
Vegetables	106	367	223	313	>400	consumption of
Fruits	70	187	108	168		vegetables and fruits remains low
	75%	81 %	67 %	72 %		

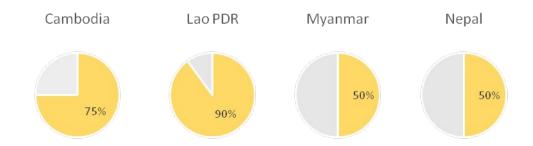
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Cereals

## Low production diversity

Myanı	mar 2012	Nep	oal 2012	Lao F	PDR 2012	Camb	odia 2012
Commodities	Production (MT)						
Rice, paddy	28 080 000	Rice, paddy	5 072 248	Rice, paddy	3 489 210	Rice, paddy	9 290 940
Sugar cane	10 000 000	Vegetables	3 298 816	Maize	1 125 485	Cassava	7 613 697
Vegetables	4 000 000	Sugar cane	2 930 047	Cassava	1 060 880	Maize	950 909
Beans, dry	3 900 000	Potatoes	2 584 301	Sugar cane	1 055 675	Vegetables	628 000
Maize	1 500 000	Maize	2 179 414	Vegetables	910 085	Sugar cane	573 771

#### Total of agricultural households growing rice [%]





Monoculture

#### Issues

- Input-intensive production mode unsustainable
- Disconnect of malnutrition, dietary and production diversity

# **Approaches**



### Approaches to promote sustainable agrifood systems



Market





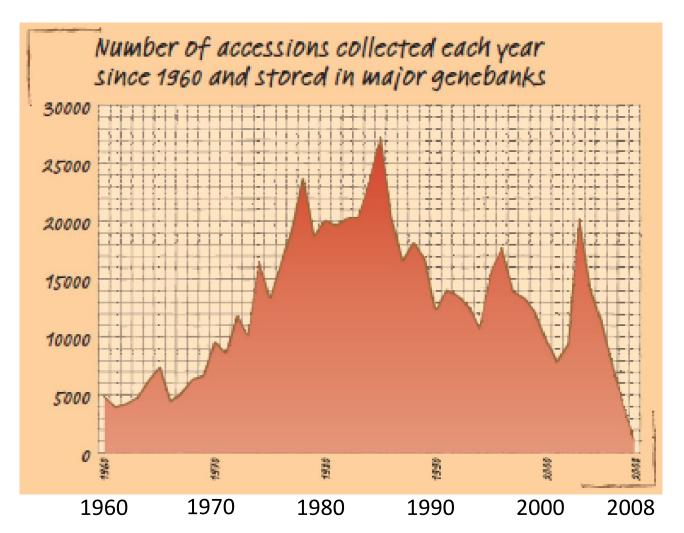
Market

- Increase productivity through higher resource use efficiency and innovative technologies
- Diversification of existent cropping systems:
   Create incentives to produce additional crops next to rice
- Manage food loss

- Raise nutrition awareness
- School Feeding/School Meal Programmes
- Save Food Initiative

#### Improved crops and varieties

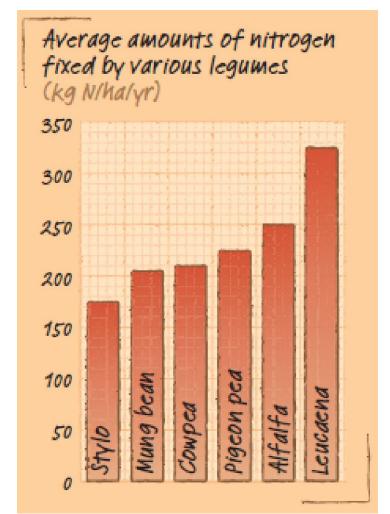
- Strengthen collection and conservation of improved plant germplasm
- Develop strong plant breeding programmes and seed delivery
- •Promote policies that help to link formal and farmer-saved seed systems, and foster the emergence of local seed enterprises



#### **Promote soil health**

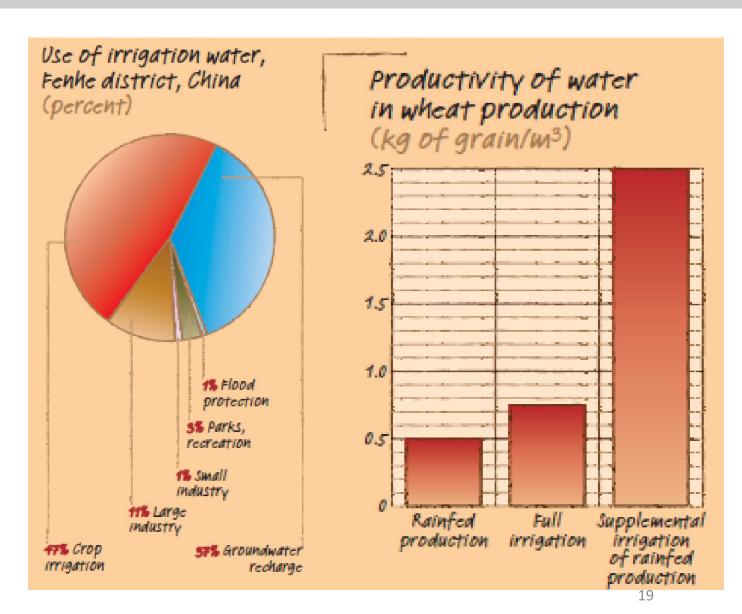
- Reduce use and cost of mineral fertilizers
- Apply a mix of both mineral fertilizers and natural sources (manure, nitrogen-fixing crops and trees)
- Promote policies that encourage agroforestry and mixed crop-livestock systems
- •Remove incentives that encourage mechanical tillage and excess use of fertilizers





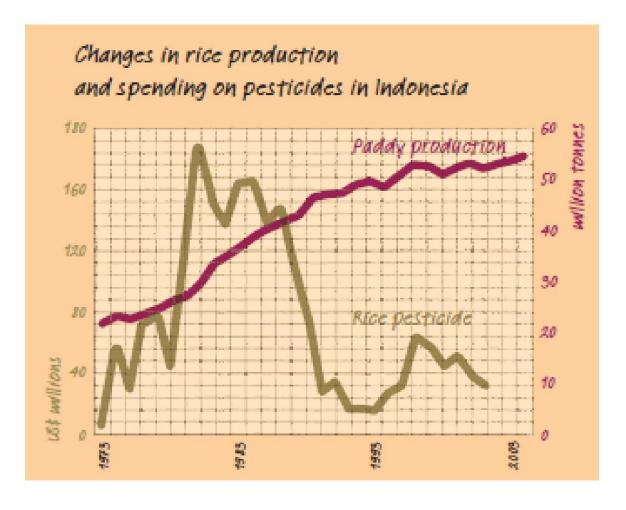
#### Improve water management

- Apply knowledge-based precision irrigation
- Promote deficit irrigation and wastewater-reuse
- •Eliminate policies that encourage to waste water
- Increase rainfed agriculture productivity by introducing drought-tolerant varieties and water-saving practices



#### **Plant protection**

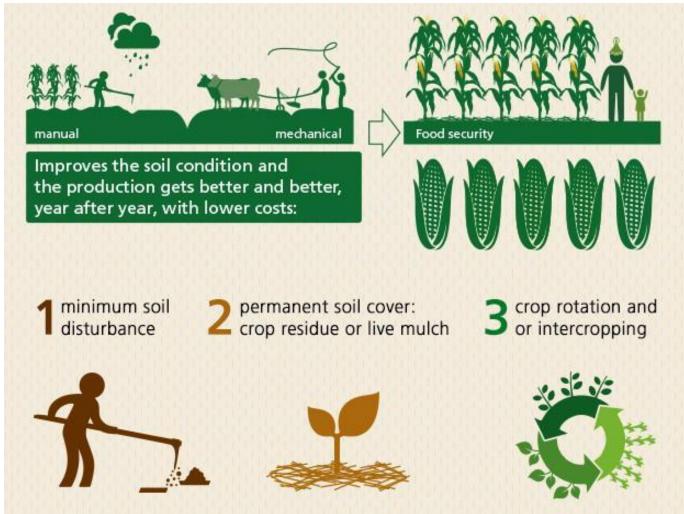
- •Grow resistant varieties, conserve predators and manage crop nutrient levels to reduce insect reproduction
- •Use clean planting material, introduce crop rotations and eliminate infected host plants to break disease cycles
- Apply timely manual weeding, minimized tillage and use of surface residues
- Use lower risk synthetic pesticides for targeted control at and in the right time and quantity



 Introduce policies that promote integrated pest management (IPM), strict pesticide regulations, and removal of pesticide subsidies

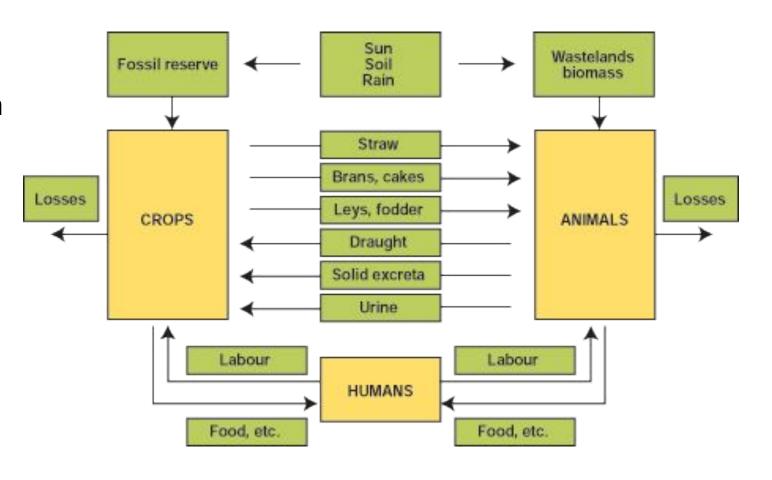
#### **Conservation Agriculture**





# **Integrated Crop-Livestock Production**

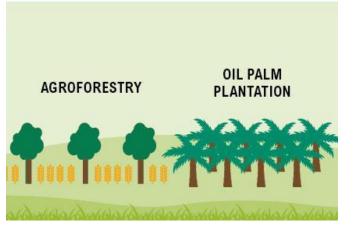
- Practised by most smallholders in developing countries
- Increased biological diversity, efficient nutrient recycling and improved soil health
- •Enhance livelihood diversification and efficiency by optimizing inputs, including labour, and increase resilience to economic stress

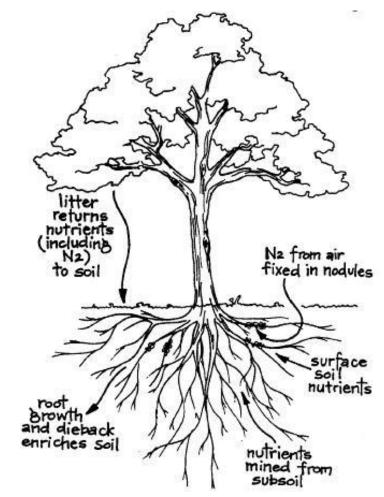


#### **Agroforestry**

- Cultivation of woody perennials and annual crops
- Works well with conservation agriculture and tree crop systems

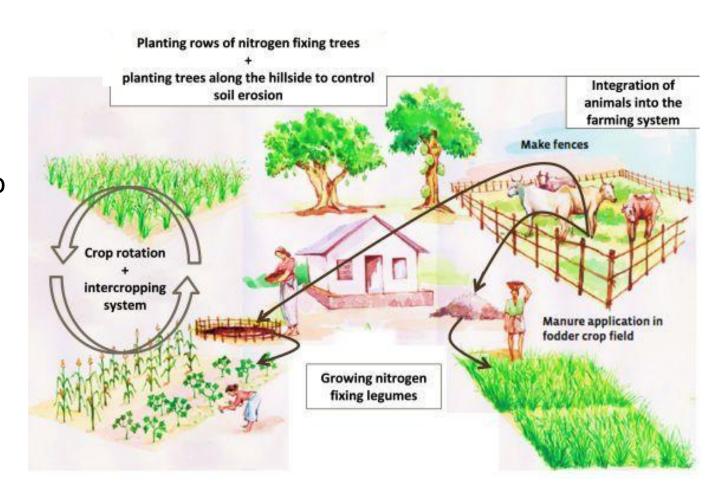
 Can be enhanced by improved crop associations, including legumes and "fertilizer trees", and integration with livestock





#### **Agroforestry + Organic Agriculture**

- •When practiced in combination with conservation agriculture, can lead to improved soil health and productivity, increased efficiency in the use of organic matter and energy savings
- Products can be sold in niche markets and create new income opportunities

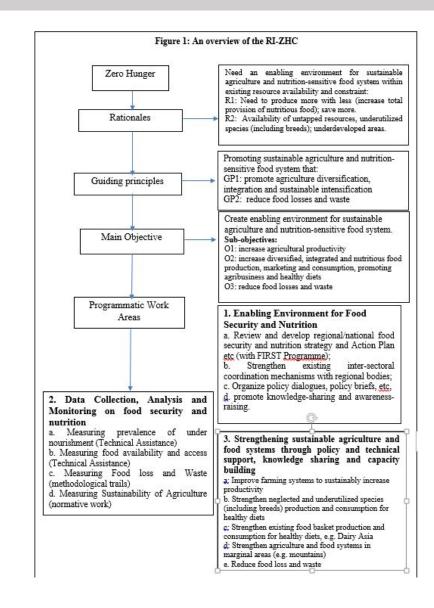


### III. About Regional Initiative on Zero Hunger Challenge



24/08/2017

#### Regional Initiative- Zero Hunger Challenge 2018-2019



#### **Rationales and Objectives**

#### Rationales

•Need an enabling environment for sustainable agriculture and nutrition-sensitive food system within existing resource availability and constraint

#### Guiding Principles

•Promoting sustainable agriculture and nutrition-sensitive food system that: 1) promote agriculture diversification, integration and sustainable intensification; 2) reduce food losses and waste

#### Objectives

•create enabling environment for sustainable agriculture and nutrition-sensitive food system towards eradication of hunger and malnutrition. : (a) increase agricultural productivity sustainably; (b) increase diversified, integrated and nutritious food production, marketing and consumption promoting agribusiness and healthy diets; (c) reduce food losses and waste.

#### **Programmatic Focus Area 2018-2019**

- 1.1 Review and develop regional/national food security and nutrition strategy and Action Plan etc (with FIRST Programme);
- 1.2 Strengthen existing inter-sectoral coordination mechanisms with regional bodies;
- 1.3 Organize policy dialogues, policy briefs, etc,
- 1.4 Promote knowledge-sharing and awareness-raising.

#### g Environment on Food Security and Nutrition

- 2.1 Measuring prevalence of under nourishment
- ollection, Analysis and Monitoring on food security and uring food availability and access
  - 2.3 Measuring Food loss and Waste

# thening sustainable agriculture and food systems through disconnected technical support, knowledge sharing and capacity building

- 3.1 Improve farming systems to sustainably increase productivity
- 3.2 Strengthen neglected and underutilized species (including breeds) production and consumption for healthy diets: e.g. Future Smart Food
- 3.3 Strengthen existing food basket production and consumption for healthy diets, e.g. Dairy Asia
- 3.4 Strengthen agriculture and food systems in marginal areas (e.g. mountains)
- 3.5 Reduce food waste and loss

# IV. Activity example under Regional Initiative on Zero Hunger Challenge: Future Smart Food



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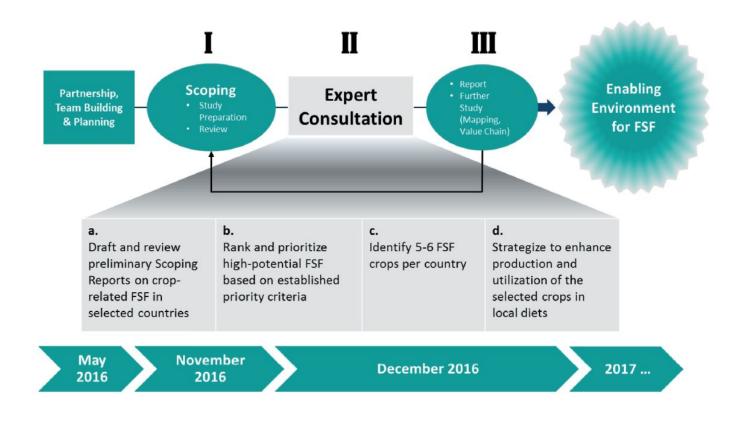
### **Example of Future Smart Food under RI-ZHC**



#### **Future Smart Food**

Future Smart Food

High nutrient content
Climate resilient
Economically viable
Locally assessable

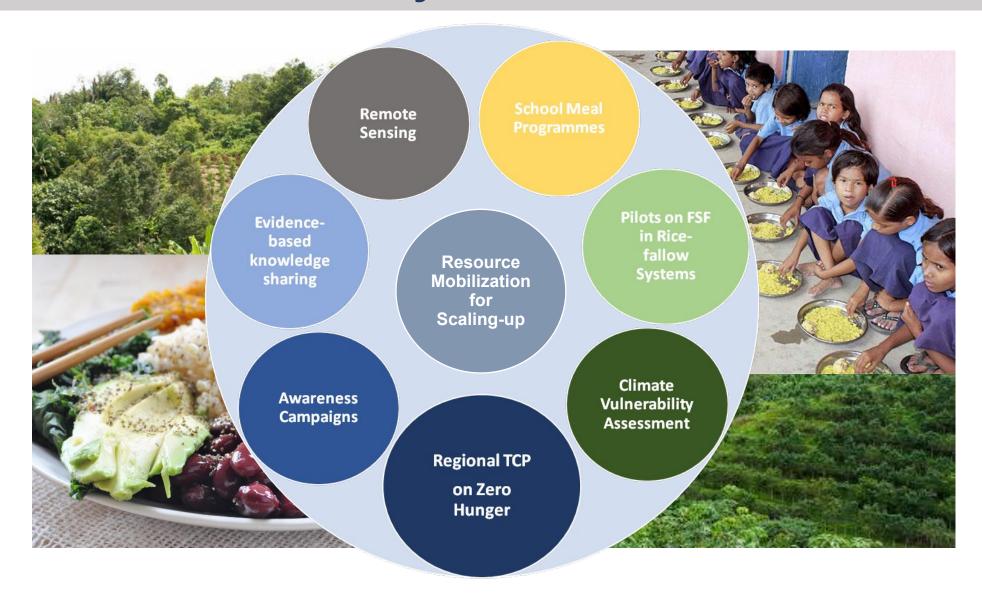


39 nutrition sensitive and climate-resilient crops have been identified as potential FSF by national experts from eight countries: Bangladesh, Bhutan, Cambodia, India, Lao PDR, Myanmar, Nepal and Viet Nam.

#### What has been done so far?

Activity	Time	
Conceptualization	May 2016	
Internal consultation and team building	June-July 2016	
Methodology setting with internal/external consultation	August 2016	
Partnership building	Sep 2016	
Draft Country studies on scoping and prioritization of Neglected and Underutilized Crop Species (NUS)	Oct 2016	
International expert review on country studies on NUS	Nov 2016	
Regional Expert Consultation on Scoping, Prioritizing and Mapping of NUS under the Regional Initiative on Zero Hunger Challenge	Dec 2016	
Development of Recommendations and initiation of renaming NUS as Future Smart Food (FSF)	January 2016	
Country studies on disconnect of dietary diversity, production diversity and malnutrition	October to March 2017	
Country studies on scoping and prioritization of Neglected and Underutilized Crop Species (NUS)		
Future Smart Food network building	Since December 2016	
Nomination of National Project Coordinator (NPC) in each country	March 2017	
Regional Inception Workshop		

### **Ways Forward**





HUNGER CAN BE ELIMINATED IN OUR LIFETIMES zerohungerchallenge.org